

MENU

week two



	Breakfast	Break Time	Lunch	Dinner
MON	Chocolate Milk Coiled Bread + Margarine Spread	Juice Chicken Pizza	Potatoe Wages, Carrot Rice, Green Garden peas Sweet Banana	Matooke in Peanut Paste, White Veggie Rice, Bean Stew
TUE	Milk Porridge Sandwich, Bread+ Magarine Spread Boiled Egg	Black Tea Doughnuts	Pilau Rice, Ugali Chicken Curry Salads (Beetroot, Pinapple& Carrot Juice)	Pasta, White Rice Veggie Sauce Bean Stew
WED	African Black Tea Sponge Roll	Juice Vanilla Cake	Matooke, White Rice G. Nut Sauce, Beans Greens, Watermelon	Chips, Spaghetti Minced Meat + Peas Stew
THUR	Chocolate Milk Sandwich Bread + Margarine Spread	Beetroot Juice Cookies	Biryani Rice, Ugali Beef, Fried Cabbages Pineapple	Fried Sweet Potatoes White Veggie Rice Vegetable Curry, Bean Stew or Chef's Choice
FRI	African Tea Coiled Bread + Margarine Spread	Black Tea Banana Cake	Irish potatoes + Tomato Stew, White Rice Isombe, Bean Stew, Sweet Banana	Matooke In Peanut Paste, White Veggie Rice, Bean Stew
SAT	Milk Porridge Black Tea Sliced yellow Bread + Margarine spread		Home Chips White Rice, Meat Stew Pineapples	Spaghetti Blognaise Fried Cabbage Black Tea
SUN	Milk Porridge, Black Tea, Sliced Bread + Margarine spread		Goat Pilau Rice, Ugali Chicken Fajita Stew Salads	Chapatis Jacket Potatoes Dry Beans Black Tea